

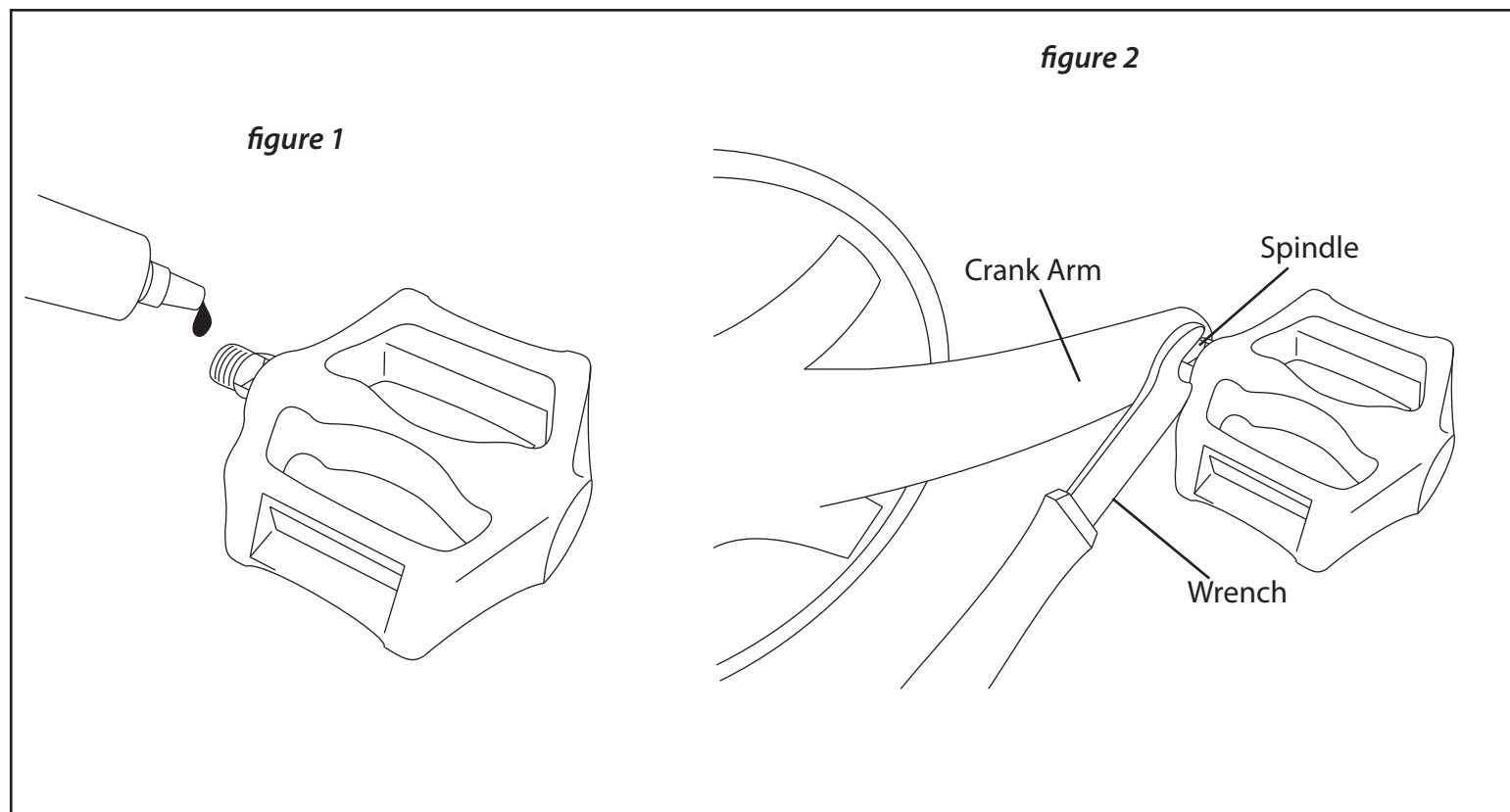
Please read all instructions before installing and using your pedals.

Torque down your pedals to a MINIMUM of 300 in-lbs.

Pedals are left and right specific.

Warning

Failure to tighten your pedals to spec. could result in serious bodily harm/death and or damage to your bicycle.



Installation/Use

*Each pedal should have a marking of "L" or "R" which designates the left or right side. Be careful not to attempt to thread the "L" pedal into the right crank arm and vice versa. If your pedals are not marked carefully attempt to thread in one of the pedals turning it toward the front of the bike. If the threads do not catch, it does not belong on that side of the bike. Do not attempt to force-thread the pedal.

*Pedal spindles come in 2 different diameters(1/2" or 9/16"). Be certain the spindle diameter matches the crank arm pedal hole diameter prior to installation.

*All pedals will tighten when turning the spindle toward the front of the bike.

Installing Pedals

1. Remove old pedals if necessary.
2. Apply grease to the threads of the pedal spindle as shown in **figure 1**. This will protect both the threads of the pedal and crank arm over time.
3. Using your hands, thread the pedal spindle into the crank arm by turning it toward the front of the bike. Once the threads catch use your pedal wrench to finish tightening down the pedals. Torque down the pedals to a minimum of 300 in-lbs of torque.