

# Pedal Cleats

## Instruction Manual

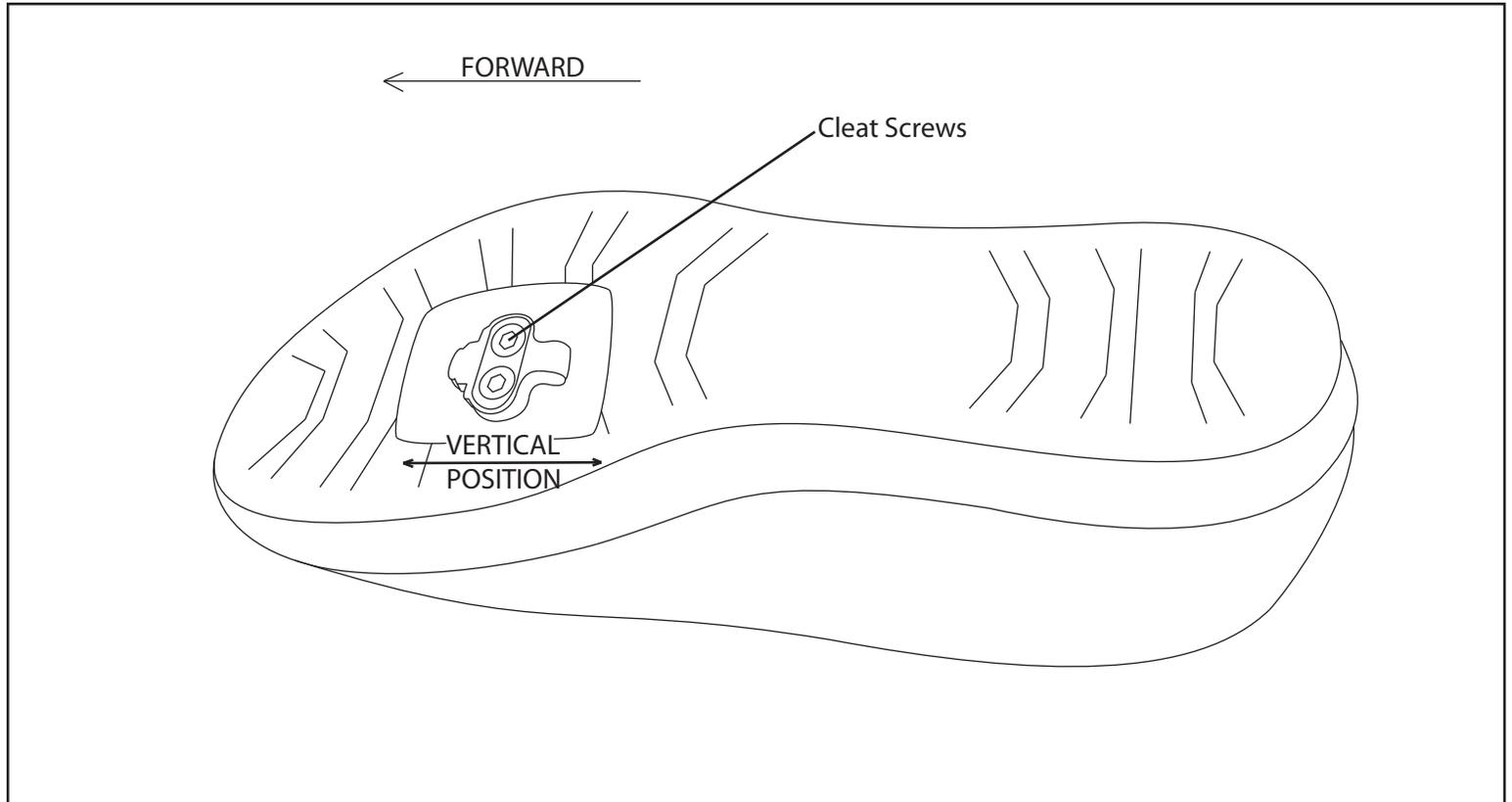
PE013

*Please read all instructions before installing and using your pedals.*

*Make sure cleat is tightly bolted down before riding.*

### Warning

Failure to tighten cleat properly could result in serious injury or death.



## Installation/Use

\*Most tennis shoe style shoes will come with a cleat cover that will need to be removed before installing your cleats.

\*The vertical position of your cleats will depend on your preference, however the ideal position is exactly centered underneath the balls of your feet.

### Cleat Installation

1. Point the cleat forward as shown in image. A natural cleat position would keep your foot parallel with the bike.
2. Bolt the cleat to the shoe using the supplied hardware.
3. Repeat steps 1 and 2 for the second cleat.